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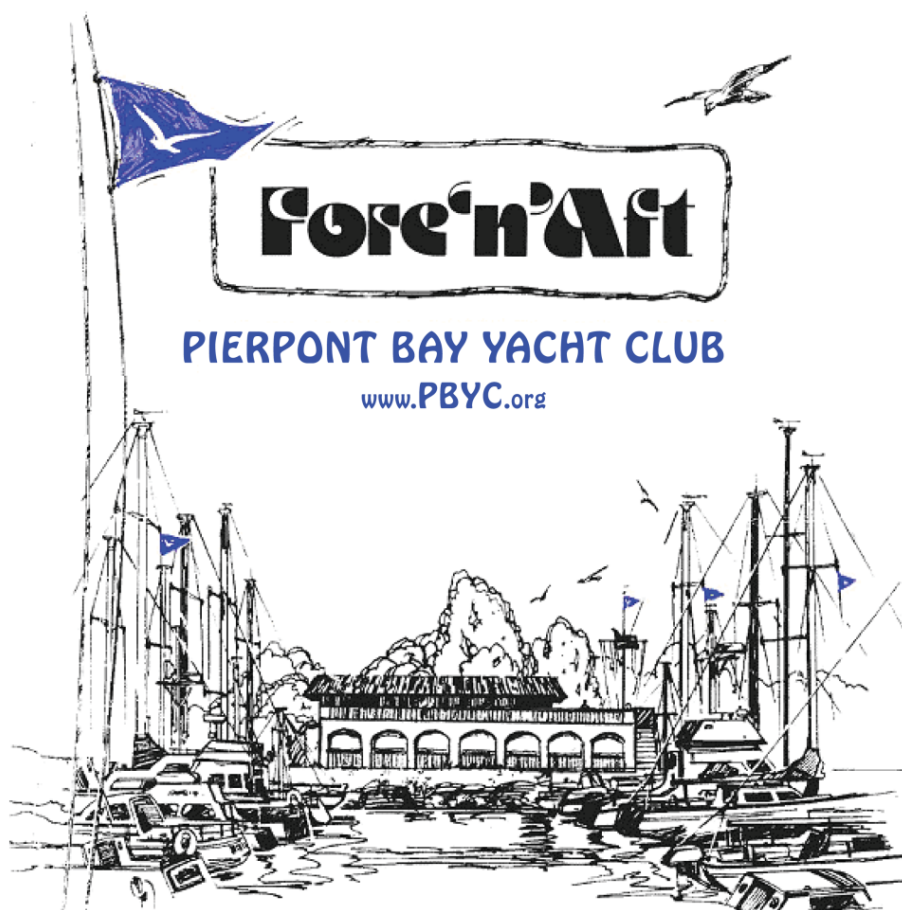
**PBYC Fore 'N' Aft Newsletter August 2023**

1 message

PBYC <pierpontbayyachtclub@gmail.com>  
Reply-To: pierpontbayyachtclub@gmail.com  
To: Jeff Heath <pbycbanker@gmail.com>

Mon, Sep 4, 2023 at 3:35 PM

## September 2023



### CLUB HOURS

Saturday: 6 PM to 9 PM

Sunday: 2 PM to 5 PM

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**PIERPONT BAY YACHT CLUB 2023 STAFF**

## FLAG OFFICERS

COMMODORE	Richard Countess	(818) 444-0223
VICE COMMODORE	Andy Killion	(805) 901-7339
REAR COMMODORE	Amrit Khalsa	(310) 920-0654

## BOARD OF DIRECTORS

DIRECTOR	Andy Fried	(818) 427-0871
DIRECTOR	Jeff Cowan	(805) 901-9558
DIRECTOR	Candy Girdlestone	(661) 476-1393
DIRECTOR	Lisa Hopper	(805) 382-9374

## HEADS OF ACTIVITIES

BAR MANAGER	Jim Girdlestone	(616) 476-1393
CLOTHESLINE	Kappy Paulson	(805) 647-1601
CRUISE CHAIR	Andy Fried	(818) 427-0871
FORE 'N' AFT EDITOR	Jeff Olmstead	(818) 321-4014
GALLEY MANAGER	Taylor Jonason	(818) 687-4004
HOSPITALITY/BIRTHDAY	Jeff/Michelle Cowan	(805) 901-9558
IT MANAGER	Alex Verharen	(805) 252-0930
JUDGE ADVOCATE	Jamie Clark	(213) 447-2563
MEMBERSHIP/PROGRAMS	Alex Verharen	(805) 252-0930
	Candy Girdlestone	(661) 476-1393
PHOTOGRAPHER	Michelle Cowan	(805) 901-9558
PORT CAPTAIN	Tim Parkinson	(417) 619-6035
POWER FLEET	Vickie Brewer	(505) 379-4597
PUBLICITY/SOCIAL MEDIA	Amrit Khalsa	(310) 920-0654
RACE CHAIR	Richard Countess	(818) 889-2669
RECORDS ADMINISTRATOR	Su Countess	(818) 889-2669
RENTAL COORDINATOR	Jeff Olmstead	(818) 321-4014
SECRETARY	Su Countess	(818) 889-2669
SOCIAL COORDINATOR	Tina Killion	(805) 479-1899
TREASURER	Jeff Heath	(805) 630-1601

## STAFF COMMODORES

### Jeff Olmstead, Junior Staff Commodore

2020/21 Sheryl Lunsford

2019 - Ken Recla

2018 - Dorothy Adriansen

2017 - Jeff Olmstead

2016 - Lisa Hopper

2015 - Jim Adriansen

2014 - Jamie Clark

2013 - Jim Lavagnino

2012 - Rick Lunsford(D)

2011 - Cindi Mathieu

2010 - Gerald Davies

2009 - Dale Pelka

2008 - Tom Nelson

2003 - George Moore

2002 - Gerald Davies

2001 - Carole Lapointe

2000 - John McIntyre(D)

1999 - Susan Countess

1998 - Tom Spurgin(D)

1996/7- Eric Jones(D)

1995 - Dave Vandaveer

1994 - Sandi Hirlinger

1993 - Marilyn Schuler

1992 - Fred Winter

1987 - Rudi Breuer(D)

1986 - Richard Countess

1985 - Ron Golding

1984 - Pam Dixon

1983 - Jerry Boston(D)

1982 - Bob Kimble(D)

1981 - Lee Holjes(D)

1980 - Frank Lynch

1979 - Jack Lazenby

1978 - Elaine Tarr

1977 - Bill Wells(D)

2007 - Alan Annis  
2006 - Judy Nolde  
2005 - Joe Vetrano  
2004 - Gloria Wright

1991 - Wayne Christensen(D)  
1990 - Mike Benson(D)  
1989 - Buzz Hauber  
1988 - Stan Schuler(D)

1976 - Richard Cross(D)  
1975 - James Lemmerz  
1974 - Chuck Queen(D)  
1973 - James Sweatt(D)

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## FLAG OFFICERS



**Richard Countess**  
**Commodore**



I would like to announce that Clint Harbers and Jasmine Costa are the newest members of PBYC. This couple has a Peterson 44 sailboat on K dock and have visited the club several times, including attending the last Open House. Please welcome them the next time you see them at the club.

The end of summer approaches; however your club remains open and continues to actively host events. For example, Bill Gibbs will be hosting his Wine Sunday on September 10. We had our monthly General Meeting on August 26 with yours truly hosting the dinner that included tri-tip roasted slowly in the oven with a bunch of fixings plus sherbet for dessert. Andy Fried gave a slide show presentation on his week-long kayaking trip out of Vancouver Island, British Columbia. Andy received the Golden Anchor award for the programs he has sponsored and the cruises he has lead during the year, plus bailing out the race chairman by providing his sailboat as the race committee boat for the Milt Ingram Trophy race in July. Your commodore was awarded the Fouled Prop award for not being able to start our boat for said race. But come on folks, that was six weeks ago. I don't think that should count. The drawing for the Blue Ball of Happiness resulted in the card for our newest members Clint and Jasmine being pulled. However, because they were absent, the "blue bucks" roll over and the drawing at the General Meeting on September 23 will be for \$150. Janice Ashland has volunteered to be your host for the dinner that night. Please RSVP for the dinner by contacting Susan at [rcountess@aol.com](mailto:rcountess@aol.com). Candy Girdlestone and Alex Verharen are finalizing plans for the program for the September General Meeting. They will contact you once they have a confirmed speaker. Andy Fried is planning a land cruise to the Getty Villa on PCH on September 30. We have scheduled an Open House and booked the Sierra Highway band to perform at the club on Sunday October 1<sup>st</sup>.

At the August board meeting we discussed the state of our beloved flag pole that needs some tender loving care. I have asked Graham Dawson and Tim Parkinson to inspect the flag pole and give the board their recommendations. A discussion on the subject of bar prices lead to the board asking Jim Girdlestone to prepare a proposal on bar prices for the board. Alex Verharen volunteered to take over the web master duties from Jeff Heath. His responsibilities will include all internet related services and his title will be IT Manager. PBYC's Judge Advocate Jamie Clark and I will be meeting with our landlord at the end of September to discuss renewing our lease. We welcome any ideas you may have to take to our landlord.

Richard Countess  
Commodore

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**Andy Killion**  
**Vice Commodore**



As the prop turns-

Vice Commodore Andy Killion

8-31-2023

Ventura CA

Weather: pretty, pretty, pretty good (post hurricane '23)

Ahoy fellow Pierpont Bay Yacht Clubbers!

I hope that you are enjoying our pleasant summer and that your limber holes are clear and your Flinders bars are pointing "UP".

Tina and I have just returned from our second annual trip to our farm on Michigan's "EUP" (stands for eastern upper peninsula). This year's visit was fun but a little cooler and wetter than last year's. During our trip we enjoyed many maritime moments.

We attempted a visit to the Detroit Yacht Club but having been treated poorly by the front gate person we tacked over to the Bayview Yacht Club where we were most warmly

received by its manager and members. Detroit is the most underappreciated/rated city in America. Tina and I love Detroit. Go check it out. Make sure to carve out half a day on your way into the city from the airport or on your way back to DTW to visit The Ford in Dearborn. It is an awesome chunk of all things America. A trip to Detroit is incomplete without a stop at The American Coney Island on Lafayette St for what is the best chili dog on earth.

Up north (the EUP) we rented a 20' pontoon boat and navigated the Saint Mary's River 'cut' which is the south bound shipping channel between the peninsula and Neebish Island. This narrow channel accommodates the large iron ore freighters making their way south to our nation's industrial centers.

We visited beautiful Hessel Harbor and the renowned Mertaugh Boat Works, which was the first Chris Craft dealer.

We frequented Detour Village where we enjoyed a ferry boat ride across "THE STRAITS" to Drummond Island, home of "Esther's Mexican Food". Her chili verde rates!

We enjoyed a tour of the Soo Locks aboard The Nokomis which carried us in, through and upon both the American and the Canadian locks which allow freighters to safely navigate the elevation drop between Lake Superior and Lake Huron. No trip to the "Soo" is complete without a walk through the shops and partaking of smoked whitefish with cream cheese and capers, a local favorite.

Having avoided the terrors of Hurricane Day we have returned just in time for Labor Day and the beginning of the best weather of the year.

On an operational note make sure to check the bartender schedule and prepare for your "day in the barrel." Have fun with it, invite friends and family to join you. If you are the weekends OD make sure to notify/remind your bartenders of their scheduled times and dates early in the week. Not too much to ask.

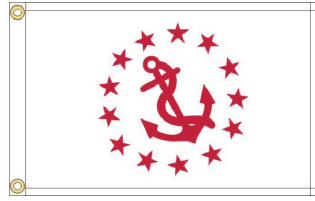
I look forward to seeing you and your crew at our BIGGEST little yacht club in the 805.  
Cheers!

Andy-

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**Amrit Khalsa**  
**Rear Commodore**



Sending Everyone Blessings of Clear Skies,

Amrit Khalsa  
Rear Commodore

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## BOARD OF DIRECTORS



**Andy Fried**



**Lisa Hopper**





**Candy Girdlestone**



**Jeff Cowan**



## **Race Commentary by Richard Countess**

**Race Chair**



### **TRI-POINT OCEAN RACE**

The 43rd annual Tri-Point Ocean race was held on August 12<sup>th</sup>. This race is the final race in PBYC's Island Series. The course for this race starts at the Mandalay buoy, and then rounds both platform Gina and Anacapa Island to starboard for a handicap distance of 34 nm. We had twenty-three boats entered in the race including five beach cats that were shepherded around the course by Chris Bea's 17 foot powerboat MOSQUITO.

Due to light winds on the backside of Anacapa Island, Chris signaled a shortened course at the west end of the Island and sent the beach cats directly back to the finish. Carl Oliver's Prindle 19 was the first beach cat to finish, finishing at 3:26 PM. Ricky Vazquez's Hobie 20 beat Carl's boat by 2 minutes and 30 seconds on corrected time. Bill Gibbs' 47 foot catamaran WAHOO was the first ORCA boat to finish with an elapsed time of 6 hours and 25.5 minutes. WAHOO corrected out in second place in the ORCA fleet behind Jerzy

Poprawski's KASTOR POLLUX in first place. UHAMBO, a Fast 42 skippered by Dave Chase and Carlos Brea, was the first monohull boat to finish, finishing at 6:28 PM with an elapsed time of 7 hours and 28 minutes, which was good for a first place in the Spinnaker A fleet. Finishing in second place in the Spinnaker A fleet was CIRRUS, a J-124 skippered by Mike Hopper. The first and second place winners in the Spinnaker B fleet were Larry Spencer's Olson 30 BLUE STAR and Gary Swenson's Peterson 34 TONKA. The first and second place winners in the Spinnaker C fleet were Dave Wilson's Express 27 SIXTY ONE and Mike Schaumberg's Moore 24 FATUITY. SIXTY ONE was awarded the perpetual trophy for spinnaker boats. Full race results are posted on PBYC's web site.

I would like to thank the following club members for their assistance with this race: Jeff Heath and Kappy Paulson for help on the race committee boat; Tim Parkinson for help on the beach cat safety boat; John Pyle, Andy Fried, Richard Haller's friend Steve, Jeff Olmstead, and Graham Dawson for finishing boats; Kappy Paulson for the post-race chili; and Andy Killion for bar tending.

### **ISLAND SERIES**

Trophies for all three races in the Island Series plus trophies for the series were awarded on Sunday August 13<sup>th</sup>. The top three spinnaker boats for the series were UHAMBO in first place with 7 points, MERLIN in second place with 14 points, and TONKA also in third place with 14 points. Bill Gibbs' WAHOO finished in first place in the ORCA class for the series with 4 points.

I would like to thank the following club members for all the work they did to make this day a success: Andy Killion with help from Graham Dawson for the full course breakfast; Tim and Jenn Parkinson for selling breakfast tickets, raffle tickets, and T-shirts; and Jeff Olmstead for handling the raffle prizes. I would also like to thank Susan for designing the T-shirts for the series and selecting all the trophies.

### **SCHEDULE OF UPCOMING LOCAL RACES**

Sept. 2 AYC's Santa Barbara City Race

Sept. 4 AYC's Tequila Derby (SB to Ventura)

Sept. 9 PCYC's VCORC

Sept. 9/10 VSC's Prison Break

Sept. 22-24 CIYC's Channel Islands to Marina Del Rey

Oct. 1 PCYC's TGIS Fall Series #1

#### **Oct. 7 PBYC/AYC's Two Harbor Fall Series #1**

Oct. 14 VYC's Fall Regatta

Oct. 15 All Club's Caregivers Sailathon

#### **Oct. 28 AYC/PBYC's Two Harbor Fall Series #2**



Do you need that .....

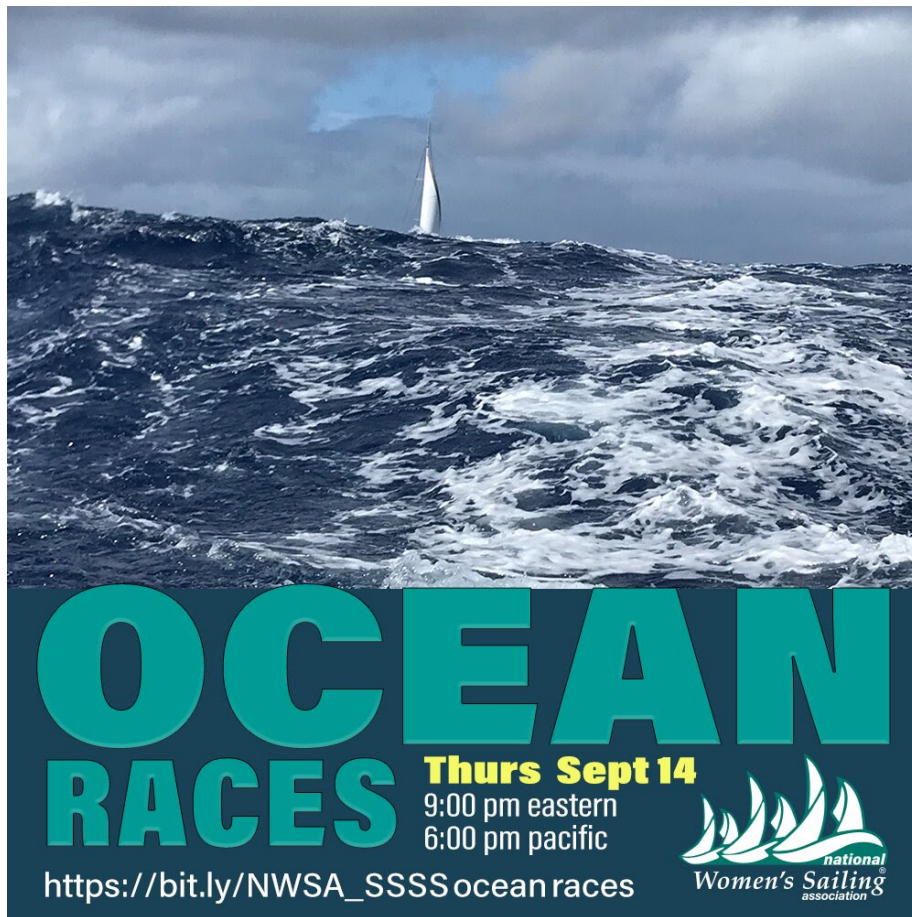
# MID-WEEK BREAK

VENTURA YACHT CLUB HAS THE  
SOLUTION.... COME AND JOIN OUR  
WET WEDNESDAY RACE SERIES

- All sailors welcome, experience and yacht club membership not required.
- Enter with your boat or crew on someone else's.
- Races start near the harbor entrance at 18:00 and last about 1.5 Hrs.
- Dinner, Drinks, Awards, along with some great Banter after each race at Ventura Yacht Club.



For more information visit the racing page at  
[Venturayachtclub.org](http://Venturayachtclub.org) or contact Pam  
Phillips at [phillips2280@roadrunner.com](mailto:phillips2280@roadrunner.com)



Join us on September 14th for the **She Sailor Sea Story** episode featuring ocean racers **Shelia McCurdy, Yosh Han** and **Anne Kolker**. Invite your friends. Stay tuned after for the NWSA Happy-Half-Hour to socialize. It is free fun.

[https://bit.ly/NWSA\\_SSSSoceanraces](https://bit.ly/NWSA_SSSSoceanraces)

[RSVP here](#)

Subscribe to NWSA newsletter [here](#)

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## AUGUST MEETING AND DINNER

The August meeting and dinner was held Saturday, August 25, at the club. Commodore Richard Countess stepped in for Janice Ashland, who was indisposed, and prepared tri tip, potato salad, and green salad, with rainbow sherbet for desert.

For the program, Andy Fried showed photos on the TV of his kayak trip with three friends around the Broken Group of islands in British Columbia in 2011.

A short club meeting was held after the program, conducted by Commodore Richard. See Richard's column for more details. Su Countess said that Jeff Heath bought the Fox Fine Jewelry necklace that was first offered at the Island Series auction for his wife Kappy for their 40th anniversary.



See below for Golden Anchor, Fouled Prop, and Blue Ball of Happiness.

The next meeting will be held Saturday, September 23. The September BBH prize will be \$150!



Andy Fried points to the location of the Broken Group of islands in British Columbia while holding the waterproof map they used for the day trips from their camp.

## GOLDEN ANCHOR AWARD



Andy Fried (right) won the Golden Anchor for his program of his kayaking trip around the Broken Group of islands in British Columbia.

## FOULED PROP AWARD



Commodore Richard won the Fouled Prop for not checking the battery of the committee boat *Symphony* before the Milt Ingram race (again). Andy Fried came to the rescue in *Sweet*.

## BLUE BALL OF HAPPINESS



New members Clint and Jasmine Harbers' name was drawn from the Blue Ball of Happiness but they were not present to claim the award. Next month's

drawing is worth \$150!

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## HURRIQUAKE PARTY

On Sunday, Aug. 20, Maggie Hood organized an impromptu hurricane party at the club to mark the arrival of the first such storm in Southern California in over 80 years. Hurricane (downgraded to Tropical Storm) Hilary dropped about 1.5" of rain in the Ventura area but was otherwise a bust, with no significant wind or waves in our area. However, the party was enlivened by a cribbage tournament hosted by Jeff Olmstead and a 5.0 earthquake near Ojai that arrived in the middle of the storm. No damage to the club was noted from the tournament or the earthquake, but two commodore photos fell off the wall -- current Commodore Richard Countess and 2010 Commodore Gerald Davies -- while those of Vice Commodore Andy Killion and Rear Commodore Amrit Khalsa seemed to be trying to "duck and cover" inside their frames. Whether from the earthquake or the cribbage tournament is not known.

Below are photos from the "hurriquake" party.

Top: Maggie Hood tends the bar while Candy Lorenson, Kappy Paulson, and John Pyle await the fruits of her labor.

Next, the "Hurriquake" cocktail -- light and dark rum, pineapple and cranberry juice, plus grenadine mixed in a blender, with fresh lime juice and wedge for garnish. John Pyle, Kappy Paulson, and Jeff's guests Marta and Ron.

Next: two views of the stormy afternoon in the harbor.

Last: our mascot J.L. Seagull maintained his usual cool demeanor during the whole affair.











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## NEW ARRIVAL

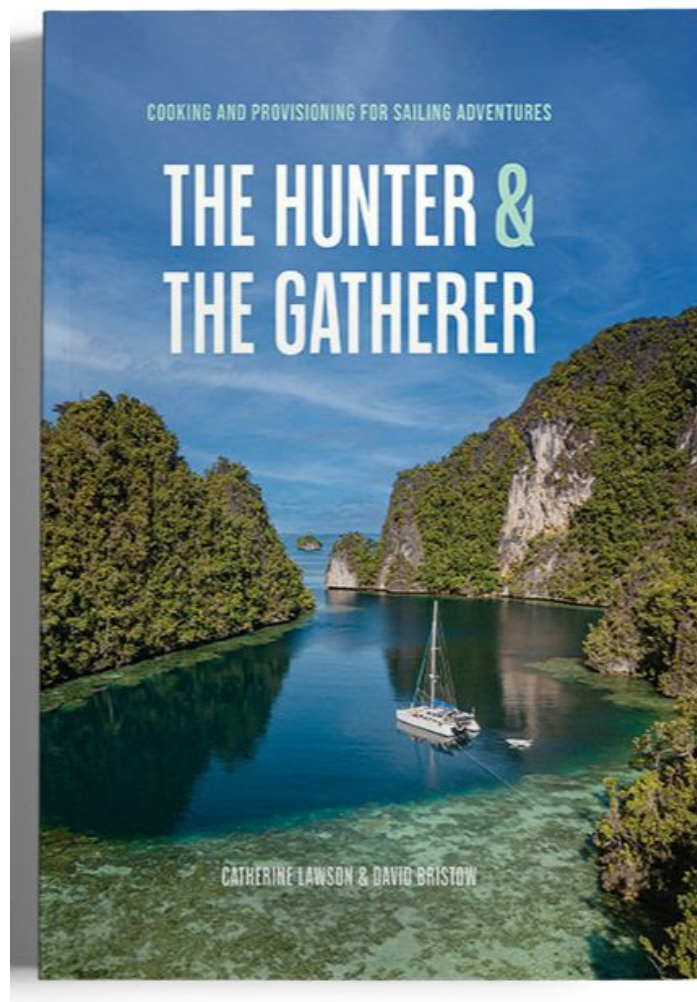
Maggie Hood provided this information about her new granddaughter.

"My new granddaughter's name is Noa Kailani. Noa means "movement " in Hebrew. It means "for Love" in Japanese. Kailani means Sea and Sky. Born 8/23 making her a Libra. My daughter Marissa and her wife Karen are the happy moms."

No photos were provided at the request of the parents.

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## BOOK REVIEW



This month's book review is "The Hunter and the Gatherer," by Catherine Lawson and David Bristow. This book was sent to me by the publisher, Brendan Batty, co-founder of the independent book publisher, Exploring Eden Media.

The authors are residents of Australia. They are live-aboard cruisers with 20 years of



experience in the Australia and Indonesia area. They wrote this book based on their philosophy of living off the land where they are cruising, seeking to create a sustainable, healthy lifestyle. They cook aboard their boat the food they catch or gather while traveling, such as fish, shellfish, and wild coconuts, grow herbs on board their boat, and patronize native markets for other items. Many recipes of their favorite foods are provided, but they encourage readers to experiment and substitute according to their own tastes and availability of ingredients. (Not many coconuts are available on our Channel Islands!) There are also short sections on foraging ashore, passage planning (regarding how weather might affect your food planning, number of people aboard, etc.), cooking and keeping food clean aboard, natural remedies and first aid. A brief glossary translating certain Australian food terms to "English" is also provided, e.g. Capsicum = bell pepper, cos lettuce = romaine lettuce, eggplant = aubergine, zucchini = courgette (Wait, what the food? Those last two may be "English," but not American!)

The Editor will put his free copy in the club library for your enjoyment. The book is also available from the publisher at a 15% discount from the recommended retail price of \$34.95 using the code 'HUNTER' on their website. [exploringedenbooks.co](http://exploringedenbooks.co)

I notice just now that you can also download a digital copy from the website for \$21.95. Brendan also says in his email to me "For every copy sold we plant a mangrove in Indonesia to help restore coastal, marine ecosystems and make sure the ocean we love is looked after."

Bon appetit!

## SEASICKNESS & QUEASY BELLIES

Seasickness can strike at any time, and even the most stoic sailors are not immune. For many, it's worst when the sea lacks a rhythm or when you are head first in the engine bay, cooking a meal or attending to kids. And usually, just when you really want to rest up on the couch in misery, the sea calls you to attention to reef sails and make decisions (interestingly, the word *nausea* comes from the Greek word *naus*, meaning 'ship').

A fortunate few suffer. They are never affected, but I suspect these sailors keep a firm fix on the horizon and stay outside in the breeze. Having your hands on the helm helps enormously, too, bringing you in tune with the boat and restoring your balance. The helm seat is my favourite place to be a few because with my hands on the wheel (even if I'm clinging for dear life), I move in unison with it rather than resisting and reacting. Being pitched and tossed inside brings on seasickness fast, but on deck, the fresh air and a soft gaze out to sea always helps.

When it comes to remedies, I've tried more than a few, from suppressive over-the-counter drugs to natural oils and various over-the-counter drugs. Everyone has their preferred elixir, but none have worked better for me than natural ginger and fresh air. I take ginger into cakes and cookies, nibble crystallised chunks on the helm, sip ginger cordial and freeze it into icy poles. I'm rarely queasy these days because I know my limits, and for me, rough conditions mean that fuzzy meals, reading and schoolwork are completely off the table.

### Ginger

The rhizome of the *Zingiber officinale* plant, ginger is widely regarded by sailors as a safe and effective preventative for nausea and seasickness when taken in advance. Many scientists agree, even if they are still grappling to understand just how ginger works.

An oft-cited 2002 clinical trial of 13 candidates – men and women susceptible to seasickness – found that taking 1000mg of ginger before experiencing adverse motion conditions not only reduced the severity of nausea but delayed its onset and shortened recovery times too (Lin, Sun, Chen, et al., 2002, *American Journal of Physiology*).

If you are a sufferer who has tried every pill, potion and gadget on the market, returning to ginger can be a breath of fresh air. All available research points to the power of ginger's volatile oils – gingerols and shogaols – that stimulate the production of digestive juices and neutralise the stomach acids that cause nausea and motion sickness. Scientists believe that eating ginger stabilises blood pressure, which lessens nausea too. This is altogether different to the way anti-nausea drugs and acupressure bands work, by interrupting or shutting down messages to your brain. Guidelines on recommended daily adult dosages range from 1000 to 1500mg, taken in small doses spread throughout the day, a dosage supported by the findings of Lin, Sun, Chen, et al.

You can buy ginger fresh, crushed, powdered, preserved, pickled or crystallised. A knob of fresh ginger keeps longer when bagged and frozen, and ginger tablets are a good standby, available from chemists. While it can work miracles, it pays to remember that ginger is a natural blood thinner and, in very high doses, may cause heartburn. If you prefer to put your trust in homeopathic remedies, naturopaths often recommend baptisia and *Nux Vomica* to settle seasickness, especially when nausea progresses to vomiting.

### Ginger for Queasy Bellies:

Ginger works best as a preventative, so mix up this quick remedy before you set sail. Combine two teaspoons of freshly grated ginger with two tablespoons of honey which is enough for four doses. Take one dose about 45 minutes before you get moving and as needed throughout your journey. If you start to feel nauseous, you can also nibble on crystallised (or candied) ginger or scoop out some of my tummy-calming Pear & Ginger Sorbet. Ginger has also worked great. I make ours by grating 1 to 2 teaspoons of fresh ginger into a cup of hot water with a squeeze of lemon and a spoonful of honey. Leave for a few minutes, then sip slowly, breathe deeply and try to relax.

### Tummy Calming Ices:

#### Honey Melon & Ginger Ice

Feeds 4 • Prep 10 mins • Freezing - 60 min

- 1 honeydew melon
- 2 tbsp ginger cordial
- 250ml (8.5oz) sugar-free lemonade (lemon soda) or soda water

Cut the rind and seeds from the melon and slice it into chunks. Blitz with ginger cordial until smooth, then stir in the lemonade or soda water. Pour into a shallow metal tin, cover with foil and freeze for 3 hours or until frozen around the edges. Break up with a fork, spoon into glasses or bowls, and serve.

#### Pear & Ginger Sorbet

Feeds 4 • Prep 15 mins • Freezing - Cook 25 mins

- 1/2 cup finely chopped fresh (or frozen) ginger
- 6 sprigs fresh mint
- rind of one lemon
- 2 cups no-added-sugar apple juice
- 400g (14 oz) tinned pears in natural juice
- 1 free-range egg white

In a small saucepan, gently heat the finely chopped ginger, 6 roughly chopped mint sprigs, lemon rind and 1 cup of apple juice. Bring to the boil, then reduce the heat and simmer, covered, for 20 minutes. Leave the mixture to cool, then strain and measure the juice. Puree the pears and pear juice and combine them with the cooled ginger mix and the remaining apple juice. Pour into a glass or ceramic dish and freeze for 4 hours.

Remove the sorbet from the freezer and break it up with a metal spoon. Whisk the egg white until stiff peaks form, then fold it into the sorbet. Transfer to a food processor or use a hand beater to blend the sorbet into a smooth, icy mixture. Return to the freezer for 30 minutes or until set.



## CALIFORNIA BOATER CARD

### DON'T LEAVE SHORE WITHOUT IT

**It's time to get your California Boater Card!**

All operators of motorized boats will soon be required to carry this card while on state waters. (That includes your sailboat while operating under power.) Good news! You don't have to leave home to get it! Many organizations offer online courses that qualify you for a card. The California Department of Boating and Waterways maintains [a list of safe boating courses](#) approved by the National Association of State Boating Law Administrators and the state. Some of them are even free!!! How easy can it get? It's way better and easier than going to the DMV for your driver's license. Click the link below for more information.

The card is proof of successful completion of an approved safe boating course. The **one-time fee** for the card is \$10.

As of **January 1, 2023**, all operators of a motorized vessel on California waterways who are **50** years of age and younger are required to carry a lifetime California Boater Card. Each year after that the age limit increases by 5 years. **All boaters will be required to carry the card by 2025.** Shake out a reef and get yours now before the rush. Less than two years left!

For more information about the California Boater Card law, visit the [California Boater Card website](#).

Temporary  
*California*  
**BOATER CARD**  
State of California Natural Resources Agency  
California State Parks Division of Boating and Waterways

This is to certify that:  
**JEFF OLMSTEAD**

successfully completed an approved California boater safety examination approved by the State of California. This TEMPORARY certificate is valid for **90 days** from the date of issue. This certificate must be in your possession when operating a motorized vessel on California waterways.

Boater ID Number B505177553  
Date of issue 4/26/2022  
Date of birth 5/25/1954  
Hair color BRN  
Eye color GRN  
Gender Male  
Height 5' 9"

Toll Free 1-844-421-8333  
[www.CaliforniaBoaterCard.com](http://www.CaliforniaBoaterCard.com)

*Don't leave shore without it.*



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## SCUTTLEBUTT

Jeff Heath has purchased a new iPad for use at the bar. It will feature apps that the old iPad couldn't cope with due to age. Sounds like a familiar malady! Among the updates: programing drink prices into the iPad, bar tabs contained in it, a camera, and an automatic drink mixer. No, scratch that last one. Sorry.

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## MEMBER RESUME

Coming Soon! -Webmaster

Did you know that there  
is an online form to

THESE ARE THE QUESTIONS:

**submit your PBYC**  
*Member Resume?*

**Let everyone know  
about your life, work &  
boating experience!**

**It's an added benefit of  
belonging to our  
little yacht club!**

1. Where are you originally from, and how did you come to live or keep your boat in the Ventura/Channel Islands area?
2. What do or did you do for a living?
3. Is this a service or experience that would be useful to other club members?
4. What are your main boating interests, training, or experience?
5. Tell us a little about yourself and your immediate family.



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**CLOTHESLINE**  
**A Traveling Challenge**  
**by Kappy Paulson**

PBYC has lots of travelers, both locally, across the US & worldwide. "Represent" our club by wearing PBYC paraphernalia, including race tees. Take a picture of yourself and we'll post it in the newsletter!

**Need PBYC Clothing?**

We are starting a new on-demand clothing order system. You can order PBYC clothing at any time. See <https://pbycclothesline.itemorder.com/shop/sale/>

- Pickup is at Custom Embroidery, Lisa Rizzo, Owner
  - 4572 Telephone Road, Suite 907
  - 805-654-0194/office ; 805-223-3737 (cell/text)
  - Lisa has a wide variety of other items you can purchase with PBYC logo, your boat name & other clubs. See [lisa@venturaembroidery.com](mailto:lisa@venturaembroidery.com) - CUSTOM EMBROIDERY

**PBYC purchased clothing come beautifully embroidered with our logo.**

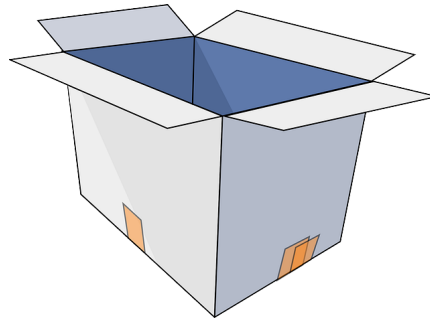
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## CLUB WISH LIST

If you have anything on the list that you could donate to the club, or think of something we need, please email FNA editor, [Jeff Olmstead](#). THANKS!

- **Electric Can Opener**



## SEPTEMBER

### BIRTHDAYS

Sep 2 Candy Lorensen

Sep 5 Vickie Brewer

Sep 6 Jamie Clark

Sep 12 Candy Girdlestone

Sep 16 Alan Annis

Sep 20 Bonnie Goetz

Sep 26 Judy Hodson



## CLUB CALENDAR

### SEPTEMBER

Sat. 2 Free Fishing Day!

Thu 7. Los Padres Ski Club 7:30 PM - 9:30 PM

Sat. 9. Reserved for Olmstead 10:30 AM - noon

Sun. 10. Bill Gibbs; Wine Sunday 2 - 5PM

**Wed. 13. Board meeting by Zoom 6 - 7 PM**

**Sat. 23. Membership meeting and dinner 6 - 9 PM**

### OCTOBER

Thu 2. Los Padres Ski Club 7:30 PM - 9:30 PM

**Sat. 7. Fall Series race #1 PBYC**

**Wed. 11. Board meeting by Zoom 6 - 7 PM**

Sat. 14. Reserved for Olmstead 10:30 AM - noon

**Sun. 15 Sailathon noon - 2 PM Awards and raffle after**

Thu. 26. Reserved for Jeff Olmstead CMA Alumni meeting 5:30-7:30 PM

Sat. 28 Fall Series race #2 AYC

**Sat. 28 Membership meeting and dinner 6 - 9 PM**

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## CLUB HOSTS

The club host is responsible for washing barware, cleaning the bar area and tables, vacuuming, and especially taking out the trash and recyclables. Hosts are also encouraged to advertise an activity at the club on their duty night to give members a reason to come to the club.

The Weekend O.D. is the one to contact for any assistance with club host duties or any questions regarding opening or closing of the club.

### ONLINE CLUB HOST SCHEDULE

(As of September 1, 2023)

(T) are new members in training.

The assigned OD is responsible for training new members

SEPTEMBER				
DATES	OD	FRI	SAT 6-9	SUN 2-5
1, 2, 3	GIRDELSTONE	BREWER	TACKE	GOETZ
8,9,10	COWAN	BREWER	DUPUY	GIBBS-Wine Sunday
15,16,17	FRIED	BREWER	VERHAREN	FRIED MAILMAN
22,23,24	KHALSA	BREWER	KHALSA/JONASON-meeting	COWAN
29,30,1	COUNTESS	BREWER	HOPPER	HEATH PAULSON

OCTOBER				
DATES	OD	FRI	SAT 6-9	SUN 2-5
6,7,8	KILLION	BREWER	PYLE-Fall Series #1	HALLER
13,14,15	GIRDLESTONE	BREWER	REED	YOUNG-Sailathon
20,21,22	HOPPER	BREWER	PARKINSON	DUPUY
27,28,29	COWAN	BREWER	ASHLAND-meeting&FS#2	OLMSTEAD

*REMEMBER: Each member is responsible for getting their own HOST REPLACEMENT and notifying their Weekend OD when unable to host the day assigned.*

#### To Find A Replacement Host:

1st: Check the [Club Calendar](#) and contact ONLY hosts within the same month.

2nd: Email [Records Admin](#) for volunteers outside of your assigned month.

3rd: Text or email the [Vice Commodore](#) with any change of schedule.

*Thank you everyone for understanding that this is a volunteer club and we try our best to accommodate members scheduling conflicts and preferences. If there is a particular day you cannot host or have upcoming vacation plans, please let me know as far in advance as possible. - Andy Killion, Vice Commodore*

#### Attention all hands!

The Fore 'n' Aft is [your](#) newsletter. If you have a story about the club or boating in general that you

think club members would be interested in, submit it to the editor, Jeff Olmstead, at [jeffrey.olmstead@att.net](mailto:jeffrey.olmstead@att.net). Please try to submit pictures, posters, etc., in jpeg format and text in Word or plain text to conform to the limitations of the newsletter program. We give credit for submissions. You will see **your name** in the Fore 'n' Aft.

This month's photo credits go to Maggie Hood, the editor, and the internet.

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## ADVERTISING RATES

[10% off for PBYC Members]

Business Card	\$80
Quarter Page	\$160
Vertical Format/Half Width	\$200
Full Width/Half Size	\$235
Full Width/Full Size	\$295

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## THANK YOU ADVERTISERS!



**VENTURA HARBOR BOATYARD**

Quality to set sail!

35 M Ton

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1415 Spinnaker Dr. Ventura, CA 93001  
(805) 654-1433 [www.vhby.com](http://www.vhby.com)

The advertisement features a blue background with a white starburst graphic. It includes three photographs of boats being lifted by cranes. The text 'VENTURA HARBOR BOATYARD' is prominently displayed in a stylized font. A starburst graphic contains the text 'Quality to set sail!'. Below the photos, the address and phone number are listed, along with the website URL.



Ventura Harbor Marine Fuel, Inc.

OPEN DAILY 7AM - 5PM

Full Service Facility | Diesel - Oil Changes

805 644-4046 1551 Spinnaker Dr., Ventura, CA 93001 [www.vhmf.com](http://www.vhmf.com)

The advertisement shows a white sailboat docked at a pier. The text 'Ventura Harbor Marine Fuel, Inc.' is at the top, followed by 'OPEN DAILY 7AM - 5PM'. Below the photo, it says 'Full Service Facility | Diesel - Oil Changes'. At the bottom, the phone number, address, and website are listed.



"Quality marine products and  
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